

## Outcome Measure Menu for CHRC Grantees

### About This Document

The "recommended" measures are validated, standardized measures of child and caregiver symptoms and/or functioning that are suitable across numerous EBPs. This allows us to align measurement tools across the different programs. These measures have been vetted by our team and in consultation with EBP purveyors. The "optional" measures are those included in the intervention materials or other suggestions by the purveyors. You can use these measures, but they might need extra work for outcomes monitoring (e.g., pre-post administration and scoring). Outcome measures should be selected by grantees to match the purpose of each intervention or EBP, with consideration of measure length, ease of use by students and/or caregivers, and availability in languages preferred by those respondents.

- Evidence-based programs (EBPs) prioritized by the Consortium and offered by the National Center for School Mental Health, in partnership with intervention developers/trainers, may require specific outcome measures, as detailed in the Table below.
- Grantees implementing interventions not on the list of priority EBPs are encouraged to use the preapproved outcome measures listed below. Other measures not on this list may be used if approved by the CHRC and NCSMH.
- Additional student/family outcome measures can be added as desired by the grantee or provider based on students and families served.

### What outcome measures are preapproved?

\*Global Symptom/Functioning Measures:

- [Pediatric Symptom Checklist \(PSC-17\)](#) (preferred)
- [Mood and Feelings Questionnaire \(MFQ\)](#)
- [Global Appraisal of Individual Needs-Short Screener \(GAIN-SS\)](#)
- [Strengths and Difficulties \(SDQ\)](#)
- [Brief Problems Checklist \(BPC\)](#)
- [Student Subjective Wellbeing Questionnaire \(SSWQ\)](#)

\*\* Problem-Specific Measures:

- [Patient Health Questionnaire \(PHQ-9\)](#): Mood/Depression including Suicide Risk
- [Generalized Anxiety Disorder \(GAD-7\)](#): Anxiety
- [Screen for Child Anxiety Related Disorders \(SCARED\)](#): Anxiety
- [Revised Child Anxiety and Depression Scale \(RCADS\)](#): Anxiety and Mood
- Swanson, Nolan and Pelham Teacher and Parent Rating Scale (SNAP-IV): Attention/Concentration and Behavior

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### What if our EBPs or preferred measure(s) are not on the preapproved list?

Use of any measure not on the preapproved list should be approved by the Consortium before use. If you wish to use a measure not on this list, please include information about your outcome measure in your Metrics Plan and attach a copy as an appendix. CHRC and NCSMH staff will meet with grantees individually to approve outcomes measures and other program evaluation details.

### Where can I find other outcome measures?

The School Mental Health Assessment and Performance Evaluation (SHAPE) System Screening and Assessment Library is available for school and community partners to locate free and low-cost measures. More information about the SHAPE Screening and Assessment Library can be found at <https://theshapesystem.com/assessmentlibrary/>. To access the Screening and Assessment Library and any other resources in The SHAPE System, create a free account as an individual or with a school or district team at [www.theshapesystem.com](http://www.theshapesystem.com) **Measures on the SHAPE Screening and Assessment library are NOT automatically approved for CHRC grantees.** If you find a measure on SHAPE or elsewhere you would like to use, please request approval.

### How do I report which outcome measure(s) we use?

Grantees will document their outcome measures in their Metrics Plan and M&D template.

### What support is available?

For technical assistance please contact Perrin Robinson at [Probinso@som.umaryland.edu](mailto:Probinso@som.umaryland.edu).

Priority EBP – Programs/ Trainings	Recommended Student/Family Outcome Measures	Optional Student/Family Outcome Measures
1 <a href="#">Unified Protocols for Transdiagnostic Treatment of Emotional Disorders in Children and Adolescents</a> (UP-C/UP-A)	<b>Global Symptom/Functioning Measure:</b> PSC-17 (Internalizing scale only)	<b>Problem-Specific Measure(s):</b> RCADS
2 <a href="#">Modular Approach to Therapy for Children with Anxiety, Depression, Trauma, or Conduct Problems</a> (MATCH-ADTC)	<b>Global Symptom/Functioning Measure:</b> PSC-17	<b>Problem-Specific Measure(s)</b>
3 <a href="#">Safety Planning Intervention</a> (Stanley and Brown)	<b>Suicidal Ideation and Behavior Measure:</b> <a href="#">Columbia – Suicide Severity Rating Scale (C-SSRS)</a> Note: may require training	<a href="#">Ask Suicide-Screening Scale (ASQ)</a> <a href="#">Open Source Suicidality Scale (SS)</a>
4 <a href="#">Counseling on Access to Lethal Means</a> (CALM)	Outreach to NCSMH Team to discuss options as needed	
5 <a href="#">Adolescent Community Reinforcement Approach</a> (A-CRA)	<b>Mental Health and Substance Use Measure:</b> GAIN – Short Screener 5-year paper/pencil license costs \$150, electronic version available at cost.	<b>Mental Health and Substance Use Measure</b> PROMIS In EPIC and possible other EHRs. Items can be modified beyond alcohol use only.

Priority EBP – Programs/ Trainings	Recommended Student/Family Outcome Measures	Optional Student/Family Outcome Measures
		<p>CRAFFT/CAGE-AID <i>Can be used if items are modified to a timeframe that can facilitate pre-post comparisons.</i></p> <p><b>Global Symptom/Functioning Measure</b>  PSC-17 may complement, not replace, GAIN-SS or other substance use measure</p>
6	<p><a href="#">The Student Check-Up</a> (Motivational Interviewing)</p>	<p><b>Global Symptom/Functioning Measure:</b>  PSC-17 and/or  Student Subjective Wellbeing Questionnaire</p>
7	<p><a href="#">Therapeutic Mentoring</a></p>	<p><b>Global Symptom/Functioning Measure:</b>  PSC-17 and/or  Student Subjective Wellbeing Questionnaire</p> <p><b>Problem-Specific Measure:</b>  Youth Strength of Relationship Measure</p>
8	<p><a href="#">SBIRT</a> – Screening, Brief Intervention, and Referral to Treatment</p>	<p><b>Mental Health and Substance Use Measure:</b>  GAIN – Short Screener <i>5-year paper/pencil license costs \$150, electronic version available at cost.</i></p> <p><b>Mental Health and Substance Use Measure</b>  PROMIS In EPIC and possible other EHRs. <i>Items can be modified beyond alcohol use only.</i>  CRAFFT/CAGE-AID <i>Can be used if items are modified to a timeframe that can facilitate pre-post comparisons.</i></p> <p><b>Global Symptom/Functioning Measure</b>  PSC-17 may complement, not replace, GAIN-SS or other substance use measure</p>
9	<p><a href="#">Cognitive Behavioral Intervention for Trauma in Schools</a> (CBITS) / <a href="#">Bounce Back</a></p>	<p><b>Trauma Exposure and PTSD Symptoms (select one):</b>  Child Trauma Screen  Trauma Exposure Checklist &amp; Child PTSD Symptoms Scale  UCLA PTSD Index  Traumatic Events Screening Inventory for Children (TESI-C)</p> <p><b>Global Symptom/Functioning Measure</b>  Note: PSC-17 may complement but not replace trauma exposure and PTSD symptoms measure</p>
10	<p><a href="#">Botvin LifeSkills</a></p>	<p><a href="#">Botvin LifeSkills Pre/Post Evaluation</a></p> <p>Global Resilience or Wellbeing Measure:  Children’s Hope Scale</p>
11	<p><a href="#">Youth Aware of Mental Health</a> (YAM)</p>	<p><b>Mental health literacy measure:</b>  <a href="#">Youth Mental Health Literacy Scale (YMHL)</a></p> <p><b>Suicidal ideation and behavior measure:</b>  <a href="#">Columbia – Suicide Severity Rating Scale (C-SSRS)</a>  Note: may require training</p> <p><a href="#">Ask Suicide-Screening Scale (ASQ)</a>  <a href="#">Open source Suicidality Scale (SS)</a>  <i>Outreach to NCSMH Team to discuss options as needed</i></p>
12	<p><a href="#">Circle of Security</a></p>	<p><a href="#">Parental Stress Scale (PSS)</a></p>
13	<p><a href="#">Strengthening Families Program</a> (SFP)</p>	<p><b>Global Symptom/Functioning Measure</b>  Student Subjective Well-Being Questionnaire</p> <p>SFP youth and adult surveys  <i>long and short versions, cost associated</i></p>

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Priority EBP – Programs/ Trainings	Recommended Student/Family Outcome Measures	Optional Student/Family Outcome Measures
14 <a href="#">Family Check Up</a>	FCU Parent Caregiver Questionnaire on Family and Self FCU Parent Caregiver Questionnaire on Child (11-17 Years) FCU Parent Caregiver Questionnaire on Child (6-10 Years) FCU Parent Caregiver Questionnaire on Child (2-5 Years) FCU Adolescent Self Questionnaire (11-17 Years)	
15 <a href="#">Chicago Parenting Program</a>	<b>Global Symptom/Functioning Measure:</b> PSC-17	CPP Evaluation Toolkit (Includes freely-available measures of child behavior, parenting behavior, engagement, motivation and satisfaction)