

Title	Program Description	Primary Presenter First Name	Primary Presenter Last Name
Aligning and Integrating Family-School Collaboration in School Mental Health	This session will describe aligning and integrating family-school collaboration within school mental health. Presenters will describe core components of family-school collaboration and strategies to align and integrate the components within school mental health systems and practices.	Andy	Garbacz
Promoting Family-School-Community Integrated Mental Health Support in Rural Communities	This presentation will describe strategies to promote an integrated family-school-community framework to support youth mental health in rural communities. Findings from community and school mental health professionals will elucidate key implementation determinants and strategies. Implications for mental health professionals in schools and on school-community prevention teams will be described.	Andy	Garbacz
Empowering Tomorrow's Workforce: Innovations in Internship Programs for Sustainable Development	Discover the Los Angeles County Office of Education's model internship training program addressing the shortage of mental health providers in schools. Through an innovative partnership with 12 universities and 15 school districts, graduate-level interns receive hands-on training, guidance, and support in providing multi-tiered mental health services to youth across our county to bridge the gap in mental health services and cultivate a skilled workforce.	Kim	Griffin Esperon
Unleashing the Power of Data: Enhancing School Mental Health Programming To Promote Equity	Discover how to develop effective and equitable school mental health programs by harnessing the power of data. Join the Los Angeles County Office of Education's School Mental Health Program for a workshop on data-driven decision-making, designed to address the evolving needs of students, especially in response to the pandemic. Gain the skills needed to ensure the success and well-being of students through evidence-based practices.	Kim	Griffin Esperon
Beyond Threat Assessment: Don't Drop the Ball on Student Wellness	When schools conduct threat assessments, teams convene to discuss the threat and determine the immediate actions needed to ensure safety. What happens after the assessment? How can we address the root cause behind the threat? Schools can't respond with	Alex	Javna

<p>Intentional and Impactful Practices for Supporting Educator Well-Being and Enhancing Social-Emotional Capacity</p>	<p>disciplinary action alone; they must also address the student's mental health needs. This presentation will offer schools best practices on designing a plan after a threat that offers on-going support, reducing the risk of future violence.</p> <p>While free yoga classes, doughnuts in the lounge, and massage chairs are nice, these well-intentioned interventions don't always result in a meaningful change. Specific components of wellness or social emotional learning for adults in school settings are unique and, just like academics, require a well-designed structure for promoting staff trust, community, and collective efficacy. Participants will learn how to strategically and intentionally implement supports that develop staff trust.</p>	<p>Alex</p>	<p>Javna</p>
<p>Advancing Mental Wellness & Resilience in Higher Education: Development, Implementation, & Results of a Universal WRC Course</p>	<p>There is a need to address the increasing gap between the need for mental health interventions and support available for college students. The Wellness and Resilience course (WRC) is a 10-week universal preventive mental health intervention for college students. The WRC course design, structure, implementation fidelity, acceptability, and effectiveness are explored using both qualitative and quantitative analyses. Results, limitations, and recommendations for future research are discussed.</p>	<p>James</p>	<p>Mazza</p>
<p>Beyond Behavior: Culturally Responsive Trauma Care in Education</p>	<p>Gain practical strategies to foster safety, trust, and resilience in classrooms through trauma-informed approaches and de-escalation techniques.</p>	<p>Cara</p>	<p>McGlynn</p>
<p>Empowering Schools: Integrating Research and Action in Threat Assessment and Intervention Strategies</p>	<p>Explore proactive threat assessment, crisis intervention, and reintegration strategies tailored to your district's needs. Learn to apply research insights through interactive case exercises for effective school-based responses.</p>	<p>Cara</p>	<p>McGlynn</p>
<p>Comprehensive School Mental Health In Action: A District's Journey Transforming Systems</p>	<p>This session features a multidisciplinary team from Gilbert Community Schools, including youth and staff, sharing insights on the comprehensive school mental health process they used to leverage existing resources, increase youth voice, build strong community collaborations, and implement evidence-based practices. They will</p>	<p>Jennifer</p>	<p>Ulie</p>

<p>Seeing and Hearing Youth: Using Creativity, Vulnerability, and Trust</p>	<p>share their journey, challenges, & outcomes. Learn practical strategies and best practices for creating sustainable, impactful mental health systems within school districts.</p> <p>This presentation, led by Dr. Jennifer Ulie and Grammy-nominated producer Hernst Bellevue (KrunKadelic), explores how adults can better support youth by developing emotional intelligence grounded in empathy, vulnerability, & trust especially to work with youth struggling the most. The session emphasizes the role of creativity in helping youth develop coping skills, self-expression, and voice.</p> <p>Attendees will learn strategies to reimagine youth engagement to create thriving environments for youth.</p>	Jennifer	Ulie
<p>Cultivating Resilience: Restorative Justice in School Grief Healing Supporting Schools in</p>	<p>Explore how Restorative Justice practices be leveraged to provide compassionate support for grieving students, fostering healing and resilience in the school community.</p>	Shanaya	Walker
<p>Crisis: Effective Postvention Approaches</p>	<p>Explore evidence-based strategies for guiding schools through crisis, promoting healing, and fostering resilience in the aftermath of critical incidents.</p>	Shanaya	Walker
<p>Single Session Interventions in Schools: A Systematic Review and Meta-Analysis</p>	<p>This presentation will highlight the results of a systematic review and meta-analysis of single session interventions (SSI) in schools. The focus of the research was two folds: (1) to describe the characteristics of school-based SSIs reported in the literature and (2) evaluate the efficacy of the school-based SSIs, including how they compare to non-school based SSIs. Research and clinical implications will be discussed based on the results of the meta-study.</p>	Imad	Zaheer
<p>Transforming School Mental Health through Trauma-informed MTSS and Interconnected Systems Framework (ISF)</p>	<p>This presentation will highlight key two innovations in service delivery that build on MTSS (1) expansion towards cross systems care with “Interconnected Systems framework” to link school and community care and (2) adding specificity to MTSS process to accommodate trauma-specific needs across tiers that are often not present in school-based services. In addition to describing these innovations in the abstract, detailed examples based on a nation-wide SAMSHA implementation grant will be provided.</p>	Imad	Zaheer