

Presentation Title: Alternative Steps to Expulsion Program (ASTEP): Implementing Trauma Informed Restorative Programs

Presentation Type: Intensive Training (180 minutes)

Track: , , Mental Health Intervention and Treatment (Tier 3), Implementation Science and Practice, , , ,

Program Book Description: The Alternative Step to Expulsion served students recommended for expulsion for the first time. Using a Trauma-Informed Restorative Approach, the ASTEP school-based mental health team collaborated with students, families, and schools to empower accountability, resiliency, and repair the relationship between school and home. Young people who successfully complete the program are more confident, have stronger relationships, and display responsible decision-making skills.

Presenters

First Presenter Name: Elaine Swain, Doctorate of Social Work

Organization: Columbia College

Second Presenter Name: Savannah Johnson, MSW

Organization: Charleston County School District

Third Presenter Name: Sharana Sloss,

Organization: Stepping Stones

Presentation Title: ARC in Action: Effective Training for Educator Resilience and Burnout Prevention

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), , , , , , ,

Program Book Description: Educator well-being is foundational to a school's multi-tiered systems of support. We must support educator's wellness to support students and families. Few well-being programs are cost effective, accessible, adaptable and include systems level problem solving. The Adult Resilience Curriculum (ARC) is a free program grounded in best practices in psychology. This session will introduce the ARC framework and how to obtain buy-in, be a trainer, and plan for implementation.

Presenters

First Presenter Name: Erika Franta, PhD

Organization: Mid-America MHTTC, Munroe-Meyer Institute, University of Nebraska Medical Center

Second Presenter Name: Hannah West, PhD

Organization: Mid-America Mental Health Technology Transfer Center (MHTTC), Munroe Meyer Institute, University of Nebraska Medical Center

Third Presenter Name: Jessica Christensen,

Organization: Mid-America MHTTC, Munroe-Meyer Institute, University of Nebraska Medical Center

Presentation Title: Creating Communities of Care: From Roots to Branches

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), , , Implementation Science and Practice, , , ,

Program Book Description:

Becoming trauma-informed is important, & yet is not the end goal. Beyond trauma-informed is healing-centered, & beyond that, perhaps liberation? As we move toward schools that are more healing-centered, we learn more and more about how we much need one another. This presentation is about creating communities of care – beginning with ourselves, then tapping into roots that already exist & finally reaching out to create strong branches. Time for creation and reflection will be provided.

Presenters

First Presenter Name: Martha Merchant, PsyD

Organization: Heart Core Consulting

Second Presenter Name: Stephanie Guinosso, PhD

Organization: Heart Core Consulting

Presentation Title: Creating Socially Connected Schools

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), Prevention and Early Intervention (Tier 2), , , , , ,

Program Book Description: Currently loneliness is one of the biggest challenges for students, and this presentation teaches how to create socially connected schools. We will share information on the social influences of mental health, which are the everyday actions that create happiness in our lives. The influences help students and educational professionals build social connections, create social support, harness social capital, manage social media, and practice social inclusion. This fun and interactive session provide

Presenters

First Presenter Name: Julie Radlauer, DrPH

Organization: Collectively- A Radlauer Venture

Presentation Title: Exploring Equity and Inclusion for Immigrant and first-generation students

Presentation Type: Intensive Training (180 minutes)

Track: , , , , , Cultural Responsiveness & Equity, ,

Program Book Description: During this interactive training session, participants will learn about the current research regarding struggles faced by immigrant and first generation students (and their families) in K-12 schools, as well as research around promising practices for intervention. We will end with an action planning session to explore possible changes that can be made in one's own school/district to increase welcoming policies and practices.

Presenters

First Presenter Name: Kerri Evans, PhD LCSW

Organization: University of Maryland Baltimore County

Presentation Title: Fostering Collaboration between Mental Health Professionals and Educators for Enhanced Student Wellbeing

Presentation Type: Intensive Training (180 minutes)

Track: , Prevention and Early Intervention (Tier 2), , , , , ,

Program Book Description: School mental health staff will learn to engage in collaborative, consultative, and coaching relationships with educators to enhance their ability to implement strategies that foster student success and cultivate positive learning environments. We offer strategies for student-specific social, emotional, and behavioral needs.

Presenters

First Presenter Name: Angela Moyer, PsyD

Organization: Child Mind Institute, School and Community Programs

Second Presenter Name: Marybeth Babu, LMSW

Organization: Child Mind Institute, School and Community Programs

Third Presenter Name: Lauren Aronson,

Organization: Child Mind Institute, School and Community Programs

Presentation Title: Identity Development in Early Adolescence as a Critical Component of Well-Being: A Developmental Approach

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), Prevention and Early Intervention (Tier 2), , , , , ,

Program Book Description: This training explores identity development among early adolescents as an important variable in mental health promotion. It considers Erikson's lifespan developmental stage of Identity vs. Role Confusion and how the intersectionality of reference group identities (e.g., race, gender, ethnicity, ability status) influence identity development during early adolescence. Participants create action plans with school-based strategies to promote positive identity development in school settings.

Presenters

First Presenter Name: Caroline (CC) Clauss-Ehlers, PhD

Organization: Long Island University, Brooklyn

Second Presenter Name: Elizabeth Jensen, MA

Organization: Long Island University, Brooklyn

Presentation Title: Key Principles and Applications of School-Based Mental Health Supervision in a Multi-Tiered System of Support

Presentation Type: Intensive Training (180 minutes)

Track: , , , Implementation Science and Practice, Education-Mental Health Integration & Collaboration, , ,

Program Book Description: The importance of effective supervision in school-based mental health cannot be overstated. This session will address effective supervision practices for school-based mental health provider trainees. It will also provide an introduction/review of its core practice(s), contemporary supervision models, the goals of supervision, and the challenges supervisors tend to face. This presentation will encourage active participation to explore strategies that traverse social and ecological contexts.

Presenters

First Presenter Name: Jason Kaplan, PhD

Organization: William James College

Presentation Title: Preventing Firearm Suicides among Youth: Counseling on Access to Lethal Means (CALM) for School-Based Service Providers

Presentation Type: Intensive Training (180 minutes)

Track: , Prevention and Early Intervention (Tier 2), Mental Health Intervention and Treatment (Tier 3), ,
, , , ,

Program Book Description: This session will teach participants how utilize means safety interventions in school settings to reduce adolescent suicides. The workshop will present a rationale for reducing access to lethal means of suicide, information on various options for reducing access to firearms and medication, and coaching on how to collaborate with students and families to reduce access during periods of heightened risk. The training will be highly interactive with an emphasis on group discussion and practice.

Presenters

First Presenter Name: Kurt Michael, PhD

Organization: The Jed Foundation

Second Presenter Name: JP Jameson, PhD

Organization: Appalachian State University

Presentation Title: Respond with CARE (Child-Adult Relationship Enhancement) after Disasters: Reducing Mental Health Risk in Youth

Presentation Type: Intensive Training (180 minutes)

Track: , Prevention and Early Intervention (Tier 2), Mental Health Intervention and Treatment (Tier 3), ,
, , , ,

Program Book Description: Respond with CARE (Child-Adult Relationship Enhancement) is a trauma-informed, field-initiated modification of evidence-based, positive parenting treatments for any adult that interacts with any student to strengthen connections after disasters/violent events. Participants will learn skills to enhance relationships with their students, promote healthier return to the learning environment, and reduce mild to moderate child behavior challenges that may present after disasters/violence events.

Presenters

First Presenter Name: Jami Furr, PhD

Organization: Florida International University Center for Children and Families

Second Presenter Name: Robin Gurwitch, PhD

Organization: Duke University School of Medicine, Center for Child & Family Health

Presentation Title: Strengthening School Mental Health & Family Engagement: A Practical Application & Continuous Improvement Approach

Presentation Type: Intensive Training (180 minutes)

Track: , , , Implementation Science and Practice, Education-Mental Health Integration & Collaboration, , ,

Program Book Description: Building mental health systems is hard work, but so is sustaining mental health system work! This interactive session highlights an ISD level approach to supporting local LEAs with strengthening school mental health and family engagement with the use of the School Mental Health Quality Assessment (District Version) tool. A practical guidance tool will be shared for supporting alignment of continuous improvement and school mental health system work.

Presenters

First Presenter Name: Amber Zarb, EdD MSW BA

Organization: Oakland Schools

Second Presenter Name: Jonathon Good, PhD MS BS

Organization: Oakland Schools

Presentation Title: Suicide Prevention Strategies and Support: Empowering School Mental Health Providers and All School Staff

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), Prevention and Early Intervention (Tier 2), , , , , ,

Program Book Description: School mental health providers and all school staff play a pivotal role in supporting students' mental health needs. Attendees will acquire a suicide prevention roadmap and training on prevention, intervention and postvention processes, and strategies for educating the entire school community on suicide prevention. This training will allow school professionals to effectively address the youth mental health crisis and positively impact students' mental health and well-being.

Presenters

First Presenter Name: Jillian Meinhardt, Licensed Independent Clinical Social Worker

Organization: The Bari Group, LLC

Presentation Title: UPLIFT: Fostering Safety for Trauma-Informed Schools

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), Prevention and Early Intervention (Tier 2), , , , , ,

Program Book Description: Participants will learn key components of school safety by rethinking traditional practices for physical safety, and how psychological safety is just as essential. Through discussion and activities, we will learn the sequence of engagement, and ways to encourage co-regulation and relationships. Attendees will explore ways to replace less effective punitive consequences with natural consequences and/or restorative practices to sustain feelings of safety in students, staff and families.

Presenters

First Presenter Name: Dana Bossio, Master of Arts Sixth Year Certification in School Psychology

Organization: Cooperative Educational Services

Second Presenter Name: Jennifer Harris, Master of Arts Sixth Year Certification in School Psychology

Organization: EdAdvance

Third Presenter Name: Tianna Hill,

Organization: LEARN

Fourth Presenter Name: Diana Perry, PsyD

Organization: Capitol Region Education Council

Presentation Title: Using Tabletop Roleplaying Games in Therapeutic and Educational Settings, Level One Training.

Presentation Type: Intensive Training (180 minutes)

Track: School Climate and Universal Mental Health Promotion (Tier 1), , , , Education-Mental Health Integration & Collaboration, , , ,

Program Book Description: This Level One training program teaches how to use tabletop roleplaying games like Dungeons and Dragons in clinical and educational settings to foster social emotional learning and improve mental health outcomes. It integrates Acceptance and Commitment Therapy and Cognitive Behavioral Therapy into game narratives as a tier 1 service to promote healthy human psychological development.

Presenters

First Presenter Name: Richard Stubbs, Masters of Music Therapy and Clinical Counseling

Organization: Family Behavioral Health Network, LLC